The Angel resident

October 2015

GET LUCKY

The burger craze heading to Islington

the Art issue

TIPS FOR BUYING & DISPLAYING ARTWORK

NORTH LONDON'S FINEST GALLERIES REVEALED

NAOMIE HARRIS

Why she's not James Bond's girl

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CONTENTS

28

22

42

51

COVER IMAGE:
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ON THE COVER

22 It was a big reveal in *Skyfall* and now Naomie Harris is back as Moneypenny in *Spectre* – just don't call her a James Bond girl

36 Whether you know your Rembrandt from your Renoir or not, here are top tips to buying art for the home

48 Why The Old Queens Head is very lucky indeed

People & Places

16 Meet four people who help to make the Little Angel Theatre so special

21 North London is a hub of artistic talent, as shown by our pick of the best galleries in town

Homes & Interiors

28 Frieze London returns to Regent's Park once again, meaning the Sculpture Park is back in all its glory

31 The Islington local who takes an objective approach to life

42 Rest easy with the latest in bedroom style – and how you can experience hotel luxury in the comfort of your home

Gourmet

47 Why Tom Parker Bowles has street cred

51 The Fish & Chip Shop regenerates as Vintage Salt, but the Upper Street favourite remains a top draw

Lifestyle

53 Long-time Angel institution Frederick's has something new to unveil, so General Manager Matt Segal tells us more

55 Is there more of a hot potato in schools right now than religious education?

56 As it celebrates its first birthday in King's Cross, we sketch out the heartwarming story of the House of Illustration

Property

60 Looking at big plans in N1 and something very different

61 Savills offer a home that's a real haven in Islington

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Letter from the EDITOR

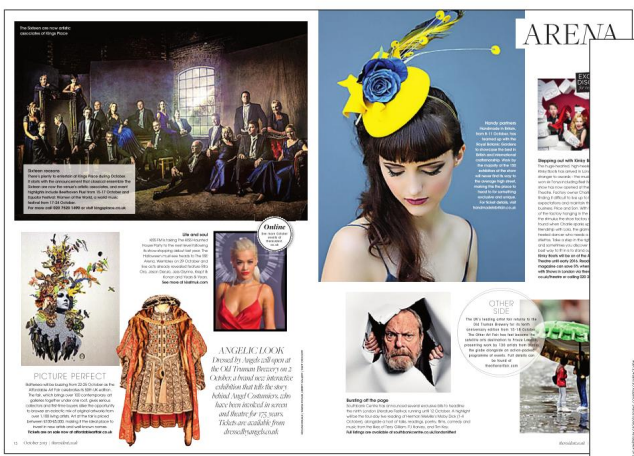
It's still one of the highlights of my journalistic career. Some seven years ago, I had the opportunity to meet a character who played such an important role in my fledgling years, someone who was a constant in my life. I am, of course, talking about Zippy from *Rainbow*. I still have a signed photograph up on a wall at home.

The child in me could never imagine that Zippy wasn't real, but it was fascinating meeting the puppeteer who brought him to life in the hit kids' show. Ronnie Le Drew was a lovely man, who was only too happy to show me his collection of puppets that he has performed with over his illustrious career. *Little Shop of Horrors*, *Labyrinth*... memorable films for me that Ronnie had a part to play in. Puppetry is a key reason I love the Little Angel Theatre and this month we meet four people (Ronnie included) who are keeping the local institution burning bright.

Puppetry is quite an art – and thanks to the Little Angel Theatre I can still try my hand (literally) at it – and fits in rather snugly with this month's artistic special, which started with our rather cool cover featuring Robert Redford. We have five pages of advice on how to buy and then display artwork, but for those who'd rather leave it to the experts, we pick out five top North London galleries doing some amazing things in the industry. It was rather exciting to also celebrate the House of Illustration's first anniversary at its King's Cross home and it was wonderful to hear that the public are really embracing their message.

Art of a different gastronomical sort, we find out what makes the best burger (and how Islington is truly becoming home for it) and Frederick's unveil a makeover that will take their stunning food up yet another notch. And don't miss our interview with Naomie Harris about her impending return to the big screen as Moneypenny – who, it seems, is anything but James Bond's puppet. Enjoy the issue.

Mark Kebble, Editor



From Henry VIII's costume to a super classical group, via Kinky Boots, this month's diary is an eclectic one

Our bumper homes section heads to Frieze London, before ending in bedroom luxury

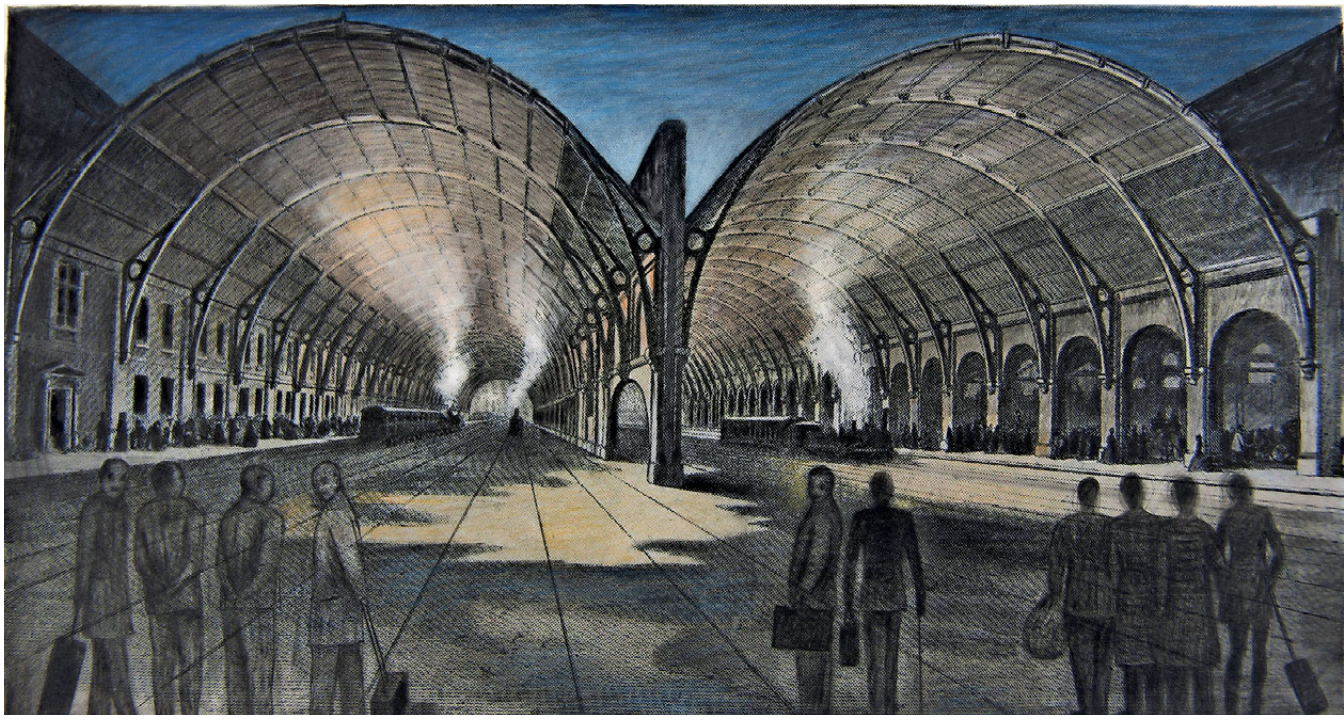
Whether you are an avid art collector, or just starting out, here are five pages of tips to make the most of artwork in the home

Imagining King's Cross

An exhibition of works by

Anne Howeson

AT CROSS STREET GALLERY



Kings Cross Railway Shed,
conte crayon and digital media, 30 x 55 cm

Exhibition

17th September - 1st October

Open Tuesday - Saturday 11am - 6pm

Sunday 11am - 5pm

Cross Street Gallery
40 Cross Street, London N1 2BA
0207 226 8600
www.artforsale.co.uk

ARENA

{THE FINEST EVENTS IN LONDON THIS MONTH}

JAN R OLSEN, AURORA PANORAMA 3

CAPTURING THE SPIRIT

The world of international photography descends on East London

Photomonth returns once again, bringing an exciting range of exhibitions and events to galleries and venues across East London from 1 October all the way through to 30 November. Highlights this month include Photoblock at the Old Truman Brewery featuring the Royal Photographic Society International Print Exhibition from 8-13 October, the AOP Photography Awards 8-11 October, Photomasters MA Photography Show also 8-11 October, and Hasselblad's Shoot LDN 8-9 October. Expect jaw-dropping photography.

Keep an eye on listings at photomonth.org

The Sixteen are now artistic associates of Kings Place

Sixteen reasons

There's plenty to entertain at Kings Place during October. It starts with the announcement that classical ensemble The Sixteen are now the venue's artistic associates, and event highlights include Beethoven Plus! from 15-17 October and Equator Festival: Women of the World, a world music festival from 17-24 October.

For more call 020 7520 1490 or visit kingsplace.co.uk

PICTURE PERFECT

Battersea will be buzzing from 22-25 October as the Affordable Art Fair celebrates its 50th UK edition. The fair, which brings over 100 contemporary art galleries together under one roof, gives serious collectors and first-time buyers alike the opportunity to browse an eclectic mix of original artworks from over 1,100 living artists. Art at the fair is priced between £100-£5,000, making it the ideal place to invest in new artists and well-known names.

Tickets are on sale now at affordableartfair.co.uk

Life and soul

KISS FM is taking The KISS Haunted House Party to the next level following its show-stopping debut last year. The Halloween must-see heads to The SSE Arena, Wembley on 29 October and live acts already revealed feature Rita Ora, Jason Derulo, Jess Glynne, Krept & Konan and Years & Years.

See more at kissfmuk.com

Online

See more October events at theresident.co.uk

ANGELIC LOOK

Dressed by Angels will open at the Old Truman Brewery on 2 October, a brand new interactive exhibition that tells the story behind Angel Costumiers, who have been involved in screen and theatre for 175 years. Tickets are available from dressedbyangels.co.uk

MOLINAVISUALS / MARIA RIVANS, LIBERTY GALLERY / MATT CROCKETT

ARENA

Handy partners
Handmade in Britain, from 8-11 October, has teamed up with the Royal Botanic Gardens to showcase the best in British and international craftsmanship. Work by the majority of the 150 exhibitors at the show will never find its way to the average high street, making this the place to head to for something exclusive and unique. For ticket details, visit handmadeinbritain.co.uk

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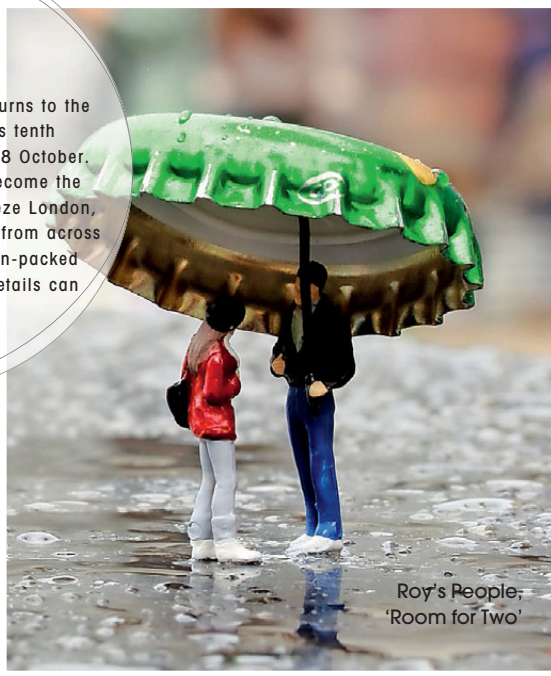
Stepping out with Kinky Boots
The huge-hearted, high-heeled sensation Kinky Boots has arrived in London. No stranger to awards – the musical has won six Tonys including Best Musical – the show has now opened at the Adelphi Theatre. Factory owner Charlie Price is finding it difficult to live up to his father's expectations and maintain the family business, Price and Son. With the future of the factory hanging in the balance, the stimulus the shoe factory needs is found when Charlie sparks up an unlikely friendship with Lola, the glamorous high-heeled dancer who needs a new pair of stilettos. Take a step in the right direction and sometimes you discover that the best way to fit in is to stand out.
Kinky Boots will be on at the Adelphi Theatre until early 2016. Readers of this magazine can save 5% when booking with Shows in London via theresident.co.uk/theatre or calling 020 3567 0620

Bursting off the page
Southbank Centre has announced several exclusive bills to headline the ninth London Literature Festival, running until 12 October. A highlight will be the four-day live reading of Herman Melville's Moby Dick (1-4 October), alongside a host of talks, readings, poetry, films, comedy and music from the likes of Terry Gilliam, PJ Harvey, and Tim Key.
Full listings are available at southbankcentre.co.uk/londonlitfest

OTHER SIDE

The UK's leading artist fair returns to the Old Truman Brewery for its tenth anniversary edition from 15-18 October. The Other Art Fair has fast become the satellite arts destination to Frieze London, presenting work by 130 artists from across the globe alongside an action-packed programme of events. Full details can be found at theotherartfair.com



Roy's People, 'Room for Two'

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ROSIE MILLARD

The world evolves and time passes, but does that mean losing touch with what makes this area so great?

Is gentrification always a good thing, and must it always destroy what came before it? I write this having just had a perfect coffee at Harold and Leslie. Yep. The legendary hairdressers with the giant pair of scissors in the window, just by the bridge on the Cally Road. The scissors have come off the window, but they haven't been abandoned. They have moved to the back of the shop, as have the mirrors, basins and hairdressing chairs. Angie is still running a salon, doing hair for Kenneth Cranham and other Islington luminaries, but she has installed a fantastic coffee shop up front, run by her and her partner Dominic. They've trained up in the whole barista thing, sourced the beans, got the swish coffee maker and even installed some of Dom's antiques around the place. Nice chairs, groovy china, and funky guitar music via Spotify.

The fascinating thing is that Harold and Leslie now offers a sort of cake and eat it Utopia. Essentially the change allows you to have a posh macchiato, but STILL get a great cut and colour for about half the price that you would be charged on Upper Street. And, yes, Angie still does bargain dry cuts for her army of regulars plus their children.

I think that Harold and Leslie might have achieved the seemingly impossible, in other words gentrification without alienation, something which (say) Mare Street, in its rush to grab North London's gastronomic crown, could be said to have abandoned. It is pretty much normal to expect to pay £120 for a meal for two, plus wine, in Hackney these days. Fings ain't wot they used to be and all that, but in the rush something has been lost. While running the Hackney Half Marathon earlier this year I observed that the only significant West Indian influence over the entire 13.1 mile course (which went past vast amounts of residential streets) was the official steel band on the corner by Tesco. Everyone running, and everyone watching the runners, was either a 20-something hipster, or a person related to one.

Overlooking Regent's Canal, Caledonian Road hasn't strayed from its roots

I know it's just an example of 'the market' at work, and 'the market' must have its say, and if that involves pushing out old established communities and replacing them with something else, so be it. And yes, I am someone who has refurbished not one, but two derelict houses, buying them from the council and restoring them into single homes, one of which we currently live in.

Yet I would be dismayed if the Cally were to be remorselessly upgraded into a street such as Mare, or indeed Upper, where it is difficult to buy anything which is not a) an Elle McPherson bra, b) a mug bearing a Scrabble initial or c) a house costing £3 million. We need delicious coffee, but we also need places that sell mops and loo roll and can replace the screen on your smashed iPod for a tenner. Harold and Leslie, in its acknowledgement of both Cally Road economics and the human need for decent coffee, ought to be supported and celebrated. Please form an orderly queue behind me.

ROSIE LOVES

Not so much a love as a fascinating fact. Did you know that taxi revolutionaries Uber have its UK HQ at the bottom of the Cally by Tesco? Maybe that's why it's so easy to hire a car from N1. Just saying.

PUPPET POWER

Meet four people involved in the magic of the Little Angel Theatre

Words MARK KEBBLE

Slavka Jovanovic

Community, Education and Participation Manager

You are behind the programming for the suspense festival. What can we expect this year?

This year the festival is bigger, better and bolder! It's a cabinet of curiosities packed full of stories to suit all tastes and sensibilities. Watch out for big players such as Sandglass Theater (D-Generation) from the USA, Yael Rasooly (Paper Cut from Israel) and Compagnie Akselere (Sleeping Beauty) from France, as well as Pickled Image (Coulrophobia), Green Ginger (Outpost) and Improbable/Blind Summit (Animo) from the UK. Alongside these there's a heady concoction of great stories out there from a range of theatre companies, using puppetry in all its various and diverse formats. Expect the weird and the wonderful.

What was the original idea behind the festival?

suspense started in 2009, with the purpose of raising the profile of puppetry as an art form for adult audiences. We are in the fourth incarnation and it's very exciting. We have amazing London partners in place: Pleasance Theatre (the hub of the festival), Little Angel Theatre, Jacksons Lane, New Diorama Theatre, Camden People's Theatre, The Puppet Barge, The Rosemary Branch Theatre, JW3... There are some 25 companies performing across the festival. There are also some very high profile secret and not-so-secret events too, so keep up to date by joining us on Facebook, Twitter or our mailing list for updates.

DAVID DUFFY

Technical Manager

Is it an amazing feeling when you see work come together on the wonderful stage at the Little Angel Theatre?

What I love is everybody in the room is focused on the same thing, it's all about these inanimate objects. The audience enjoy seeing puppets come to life, the same as puppeteers feel giving life to these puppets. It's like a little piece of magic to see that happen. We do work with a wide range of audiences, but I love in particular children's work as they just believe in it. They engage with the puppets, they talk to them.

Do you have a particular production highlight in your time at Little Angel Theatre?

We did a ballet, Petrushka, and the original book is about a puppeteer and the puppets coming to life. It was a complicated piece, but children just loved it. It was amazing to see these kids going to watch a ballet with no words and jumping up and down. I have not seen that anywhere else. It's why I love puppetry – it just connects with the audience. Petrushka is probably the most subtle piece of puppetry we have done.

But there are so many to choose from. One personal thing was I came up with an idea and the Little Angel produced it, and they asked me to write and direct it. It was Dogs Don't Do Ballet. It was just an amazing experience. My wife Andrea and I worked on it together and to see all this stuff come together and come to life, be successful and then tour… That's been a really unique thing to happen in my career. It says a lot about the Little Angel Theatre, giving the lighting technician the opportunity to direct a Christmas show.

Samantha Lane

Artistic Director / Chief Executive

How have things gone since you took on your role in June?
It's been really great, everybody has been so welcoming. The puppetry community is such a wide and diverse community that I've dedicated my first six weeks to listening – I could have a cup of coffee with a different person every day and still not reach everybody I would want to.

Have you always been interested in puppetry?
Good theatre and good storytelling have always interested me, sometimes that is puppetry and sometimes not. My choice to go and see a show at Little Angel Theatre wouldn't be primarily to see the puppets, it would be to enjoy a great story that happens to be served by puppetry. There is something magical about the puppets.

The Little Angel Theatre has a great education programme. Why do you think it works so well?
Our Creative Learning department is long established and has invested in developing valuable and positive relationships with schools. One example would be our puppeteer in residence at Thornhill Primary School, Chloe Purcell, which is just superb. It's fantastic because children are learning through puppetry.

RONNIE LE DREW

Award-winning Puppeteer and Tutor

How has the approach to puppetry changed since you first started out in it?
When I started, most people thought puppets were for children; 51 years later, we have a public who attend shows especially for adults, such as the suspense festival, and adult classes for puppetry. The splendid Little Angel Studios facilitate the educational work and more.

Some of the things you have worked on – such as Rainbow and Labyrinth – I vividly remember as a child. Is this down to the impact of the puppets?
Definitely. Once people discovered that I was Zippy on Rainbow, I was asked lots of questions about his personality. Puppets with a strong character will last in people's memories. Not only puppets that appear on TV or film, but also in the theatre. Audiences have their favourite puppets and shows here at the Little Angel Theatre, to which they bring their children and grandchildren to see.

How exciting a time is it at Little Angel Theatre at the moment?
We have a new Artistic Director, who will I am sure bring new ideas and be a strong influence on us all; the Summer Party was fun and a wonderful way to introduce a new audience to the theatre; the suspense festival and the autumn season are both worth waiting for; educational projects that are on-going in the theatre are always rewarding for students and tutors alike. Is the Little Angel Theatre an exciting place for puppetry? Yes it is!

ANTON; FIND OUT MORE ABOUT THE LITTLE ANGEL THEATRE AT LITTLEANGELTHEATRE.COM

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RECOMMENDS

5 of the best North London galleries pushing the artistic boundaries

1 HIGHGATE CONTEMPORARY ART

With an eclectically engrossing exhibition schedule, Highgate Contemporary Art showcases the work of artists both locally and internationally. Their next exhibition is a case in point, running until 11 October: local artist and prominent psychiatrist and psychotherapist Morris Nitsun will be launching his new collection of paintings at the gallery (below).

26 Highgate High Street N6 5JG; 020 8340 7564; highgateart.com

2 CANDID ARTS

It's little wonder that there's always something happening at Candid Arts, given that it is located in two Victorian warehouses totalling 23,000 sq ft and offering 6.500 sq ft of loft-style exhibition space. A little advance notice, but the Islington Contemporary Art & Design Fair is always a highlight of their calendar, running on 21-22 and 28-29 Nov.

3 Torrens Street EC1V 1NQ; 020 7837 4237; candidarts.com

3 JAMES FREEMAN GALLERY

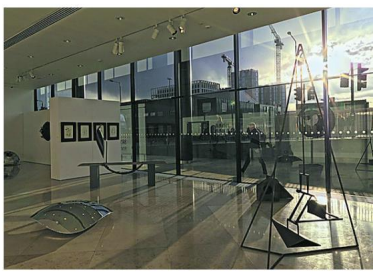
This Upper Street favourite exhibits contemporary painting, photography and sculpture by artists from Europe and Asia. Founded over a decade ago, their exhibition schedule presents a combination of curated group shows and solo exhibitions with both represented and invited artists. Running until 3 October is Artefacts, an exhibition about how contemporary artists use antique objects and historical sources in their work, before a group exhibition of paintings runs from 8-31 October.

354 Upper Street N1 0PD; 020 7226 3300; jamesfreemangallery.com

4 PANGOLIN LONDON

Unique in that it is one of the capital's few galleries dedicated to sculpture, Pangolin London aims to engage with the past, present and future of sculptural developments. With an intimate gallery setting as well as the open spaces of Kings Place, Pangolin is able to display both monumental and small-scale sculpture expertly. Next up is the godfather of British conceptual sculpture, Carl Plackman.

90 York Way N1 9AG; 020 7520 1480; pangolinlondon.com



5 ESTORICK COLLECTION

Located in a Grade II-listed Georgian building, the Collection is known internationally for its core of Futurists works, as well as figurative art and sculpture dating from 1890 to the 1950s. Up next is More than Meets the Eye: New Research on the Estorick Collection (work by Umberto Boccioni below).

39A Canonbury Square N1 2AN; 020 7704 9522; estorickcollection.com

SPECTRE OF FAME

The name is Naomie Harris... How is the North London actress dealing with being under the James Bond spotlight?

Words STEPHEN MILTON

Naomie Harris sheepishly shrugs and casts her gaze downward, offering a crooked smirk. Pondering her formative adolescence in Finsbury Park, her structured poise and assured elegance crumples slightly. She smiles. 'Quiet, a little shy and introverted,' Naomie remarks. 'And a bit of a minger, if I'm honest! Though I still feel like that, sometimes even now.'

Seriously, I ask the striking actress. 'I don't know why I always felt like a minger. I think I wasn't the most popular of kids with guys when I was growing up. I was always very shy.' Perhaps a little playground intimidation was the culprit? 'That's what a mum says. And actually, that is what my mum said,' she playfully coos. 'I was always very shy, so acting has helped my confidence. But I still have those moments, those days where I feel like a minger. And then I think, "You're a Bond Woman, how could you be a minger!"'

Naomie's performance in a Long Walk to Freedom garnered Oscar buzz

Skyfall reintroduced audiences to Moneypenny

Naomie feels there's an air of friendliness about Finsbury Park

Bond Woman. Cambridge scholar. Bafta nominated actor. Red carpet 'dahling'. Despite her titles and strengths, the 38-year-old is ardently modest. It's my third encounter with the star, who got her break in Danny Boyle's *28 Days Later* and followed up with a thoughtful performance in an adaptation of Zadie Smith's *White Teeth*.

In the time since our first meeting, she's dazzled at the National Theatre in a lauded run of *Frankenstein* alongside Benedict Cumberbatch and entertained whispers of an Oscar for a powerful representation of Winnie Mandela in a *Long Walk to Freedom*.

And then, of course, came *Skyfall*, the UK's highest earning film and a smouldering, gun-toting turn as Agent Fields, soon revealed as the iconic Eve Moneypenny, which she'll reprise in forthcoming Bond instalment *Spectre*.

All this and Naomie – styled in a monochrome D&G ensemble, her sleek locks in a tight pony – remains the same. Warm and genial. Lacking preposterous designs and notions. She still lives in Finsbury Park, a couple doors down from her mum's house. The borough suits her nature.

'I find nobody says hello, or looks you in the eye in parts of London, which I don't like. But Finsbury Park is different,' she insists. 'There's a cordiality there and it's down to its history as a working class area. While it's definitely more mixed now and becoming more trendy, it's so much friendlier than if you go to your Kensingtons, your Chelseas, your St Johns Woods. They're a bit more, "everyone else to themselves". Same with Central London as well. People in Finsbury, they acknowledge you and hold the door.'

There's a cordiality in Finsbury Park and it's down to its history as a working class area

Naomie grins and taps her nails on the table in front. 'Or maybe it's just me.'

Expectedly, little is known of the latest Bond. Shot on location in Rome, Mexico City and standard symbols of London iconography near Whitehall and Trafalgar Square, the Sam Mendes helmed blockbuster will dig further into 007's past as he attempts to investigate dark deeds orchestrated by the shady organisation Spectre and its boss, Franz Oberhauser (Christoph Waltz).

›

An early screen role saw the North London actress join the Pirates of the Caribbean franchise

At the Spectre press launch with Bond himself, Daniel Craig

Wary of revealing too much, Naomie carefully chooses her words. 'There's certainly more exploration into Bond's past. And I think we'll learn more about his relationship with Moneypenny and just how important that bond is to him. He trusts very few, if any, people and I think he has an understanding with Moneypenny. He feels calm around her and she has the ability to listen to him, without wanting anything. It's a fascinating connection,' she says.

Earlier, the actress is careful to refer to herself as a Bond woman, not a Bond girl. Where is the difference? 'Moneypenny was never considered, historically, as one of the Bond girls, she doesn't really fit in that bracket, as it were. But she's still very much part of his existence and plays a large role. She's one of the few constants in his life and that makes her different.'

Does Naomie appreciate her special role in the Bond universe? 'It's a huge privilege and I appreciate the fact that Moneypenny comes back, I really appreciate that aspect of it. It makes me feel more embedded in the Bond family.'

I think we will learn more about Bond's relationship with Moneypenny

The ensuing physicality of the role, however, she far from relishes. 'I'm the world's most unfit person,' Naomie laughs. 'When I got the call for *Spectre*, I was terrified because I thought, "Oh my God, more stunt training. More training… aahhhh". Though I do love the guns, which is really weird because I'm the biggest pacifist. It's very strange to like playing with guns, but it's a lot of fun. The kick back, the adrenalin. I loved it.'

Resulting fame from the enduring franchise seems to have left little mark on her day to day existence. She's kindly grateful. 'After *Skyfall*, people were naturally saying, "your life is REALLY going to change now"… And nothing. Still go off and on the tubes and no-one recognises me, which is great because I've always wanted that; to have my career and play these interesting roles and then nothing from the other side. Who really wants to be bothered when going to get your pint of milk in the morning, out in your pyjamas? No-one wants that. So it's really nice I get to keep that best of both worlds.'

Spectre is released in cinemas on 26 October

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HOMES

{WHAT TO BUY AND HOW TO STYLE IT}

BATHERS AT ASNIÈRES BY GEORGES SEURAT, COURTESY OF SURFACE VIEW

PAINTING A PICTURE

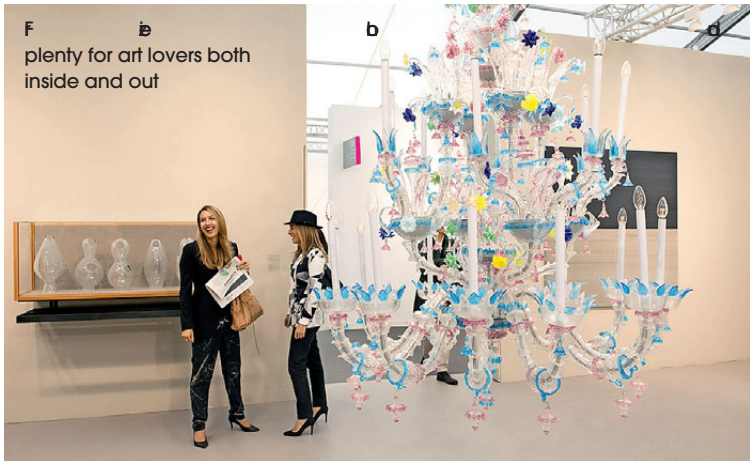
How to make the most of artwork in the home

Whether you are a seasoned collector or first-timer, there's plenty of opportunity to buy artwork for the home. Once bought, though, how do you show it off in its finest light? Kara O'Reilly asks six experts for their advice. Going much larger, we take a closer look at the return of the Sculpture Park at Frieze London, plus talk to the Islington author who has created darkly comic stories based around everyday objects in the home.

OUTER LIMITS

The Sculpture Park at Frieze London has become one of the show's major talking points – and continue to expect the unexpected

Words MARK KEBBLE

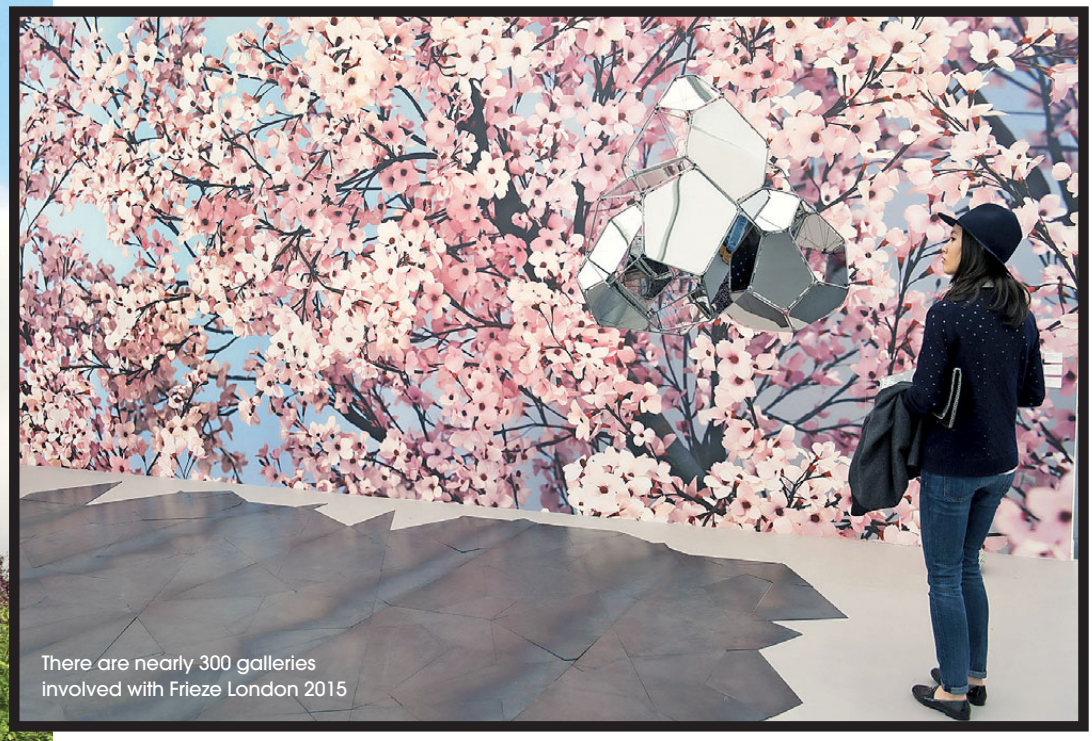


Few things will beat visiting the Sculpture Park at Frieze London in 2014. It was a crisp October morning when I ventured to Regent's Park – to be greeted by a quite awesome 30ft wooden figure towering over me. The look of awe and delight on the faces of children (and big kids, too) all around me was a joyous thing to witness.

'It was really extraordinary,' agrees the Sculpture Park curator, Clare Lilley, of the piece created by KAWS. 'It was produced by artisans working with the artist. There were a few challenges installing such a monumental piece of work and it was really impressive to see it in its full glory. But I am often asked about my highlights from previous exhibitors at the Sculpture Park and it's really difficult to pick them out.'

Frieze London returns for its 13th edition from 14-17 October, and the Sculpture Park has been a part of the art

KAWS' huge 2014 piece, Small Lie



There are nearly 300 galleries involved with Frieze London 2015

extravaganza since 2005, quite rightly regarded as a key highlight alongside the likes of Frieze Talks and Frieze Projects. Clare has been the curator of the Sculpture Park since 2012, with work really beginning at full pelt in May to bring together all the exhibitors in the best possible light. 'I spend a lot of time in Regent's Park, imagining how the sculptures will work in the space,' she says of that time. 'It is important that, as well as Frieze's collector audience, I consider the daily park users as well: there are local residents to take into account, joggers, parents with prams and tourists. It is crucial that I think about how the work will fit around them and how I aim for people to interact with the outdoor works.'

A key element, for me, is the fact the Sculpture Park is free to all and sundry. 'It is really important for me too,' Clare nods. 'I do what I do because I think sculpture outdoors can unite disparate people. I love how people from all backgrounds come together to discuss art. I believe art has an incredible power to create a type of community around it, and is often a platform for discussion. I find this is especially interesting in a city environment when often people are so disengaged with each other.'

To not spoil the surprise, much of what we will see at this year's Sculpture Park is under wraps. 'We do have some incredibly eminent artists as well as some really amazing emerging talent,' Clare does divulge. 'Some of the artists will be making work for outdoors for the first time and it will be interesting to see the outcome. There will be many different media exhibited in the park, from classical bronze sculpture to more unconventional work with LED lights, sound and even inflatables. I am particularly looking forward to one of the Sculpture Park works this year, which for the first time will incorporate an element of performance.

'I also always enjoy the artist talks at both Frieze Masters and Frieze London,' Clare casts the net wider. 'They are a highlight for me as Frieze delivers a really strong programme of talks. This year at Frieze Masters, for example, the talks are curated by the brilliant Jasper Sharp of the Kunsthistoriches Museum, Vienna, and Jennifer Higgie, co-editor of *frieze* and editor of *Frieze Masters* magazines, which will include discussions by artists and writers including Lawrence Weiner, Thomas Houseago and Ali Smith.'

Our interview must draw to a close as there's plenty still for Clare to be working on in preparation for the big reveal on 14 October. Can anything beat KAWS' work last year? Clare seems pretty optimistic that everything will have a desired impact. 'This year's presentation promises to be extremely colourful and vibrant, with works that range from the extremely joyful to the social. I find that the Sculpture Park is always a kind of litmus test to see what is happening in art today, much like the rest of the fair that has a finger right on the pulse of art.'

Late classic Dayak ancestral post, part of Collections at Frieze Masters

Frieze London runs from 14-17 October at Regent's Park. See full details at friezelondon.com

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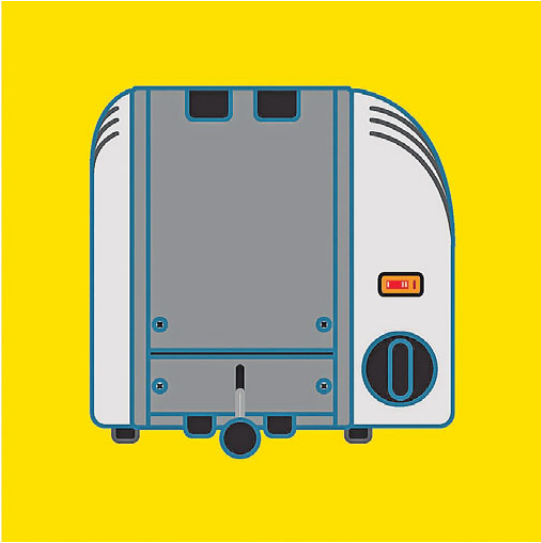
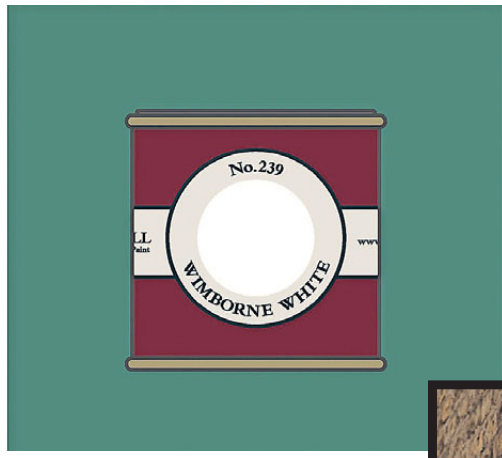
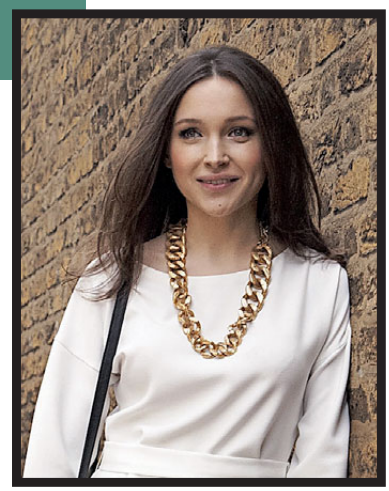






OBJECTIVE VIEW OF THE WORLD

It all started with a Daunt Books carrier, but now Islington local Francesca Hornak has created the ultimate bourgeois catalogue

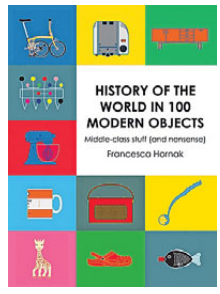
TV MARK KEBBLE

You know how annoying it is when your favourite TV programmes are constantly interrupted by adverts? Well, Francesca Hornak doesn't. 'When I was a child I was quite fascinated by brand and adverts, having that glimpse into someone else's life,' she says. 'Later I saw people picked objects that say something about themselves, like being a Waitrose or a Tesco person. I always found that thought process fascinating.'

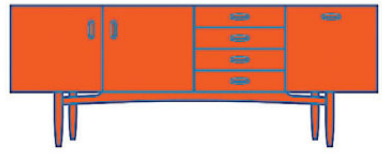
So fascinating that, now a fully fledged journalist working for *The Sunday Times Style*, Francesca's obsession turned into a column. Featuring a different iconic object each week – which began with seeing the Daunt Books bag everywhere she went – Francesca told darkly humorous tales of contemporary life through these possessions we love. 'Sometimes they were quite well-known social stereotypes,' Francesca says on the characters who cropped up in the column, 'such as the middle class family in Crouch End with a Dualit toaster. Then it was a mixture of people I knew or people I had met. Islington is great for people watching and is still a real mix'

Flicking through *History of the World in 100 Modern Objects*, I am partly horrified, partly amused that plenty of what's featured are things already in my possession, or things I want. The home features heavily throughout, from the aforementioned Dualit toaster to the G-Plan sideboard (read Francesca's take on that on the right). Is there one stand out interiors-based object for her? 'The Farrow & Ball Sample Pot,' she responds without hesitation. 'Everyone loves that. Choosing what colour to paint something in is so stressful, especially when you have hundreds of little swatches, but Farrow & Ball is your friend that's got taste. They will get it right.'

The book is out this month, but Francesca is not taking it easy (on a corner sofa, as featured in *History of...*) as her next publication, *Worry with Mother*, is out in 2016 that acts as an anti-parenting guide of sorts. Those things that bug you as a parent? Wait until you see this…



History of the World in 100 Modern Objects is published by Portico on 1 October



G-Plan sideboard

In 2013 Polly and James moved into a flat in Clapton. They sourced a G-Plan sideboard on eBay, and put it beside their Ercol table and chairs. On it, Polly arranged a book on typography, a terrarium of succulents and some dusty Babycham coupes. Above it, she hung a Rob Ryan print reading: 'This Trumpet Will Toot When We Touch Noses In The Night.' She put a hazy photo of the tableau on her tumblr, hashtagged #grownupshelfie, and got a flurry of likes. The sideboard went on to star in Polly's brunch-time supper club PollyPutTheKelloggsOn, where she served 'nostalgic breakfast cereals' in vintage china.

Now James and Polly have a baby, Marlowe. Polly has had to ditch her Pashley bike, and her dream of opening a café offering cake and knitting classes. She no longer has time to do her daily beehive or coral lipstick. James's UKIP-voting dad tells his exhausted son that his beard is reaching 'terrorist proportions'. One night, pacing the flat trying to jiggle Marlowe to sleep, White Noise app blaring, Polly looks at the sideboard in despair. It is covered with unsorted laundry, sticky Calpol syringes and papers for her tax return. #grownupshelfie.

JOINT EFFORT

Period meets contemporary in a stunning transformation of this home on Englefield Road

Words MARK KEBBLE

The wooden flooring adds a real warmth, with the likes of the kitchen boasting a contemporary subtle aesthetic

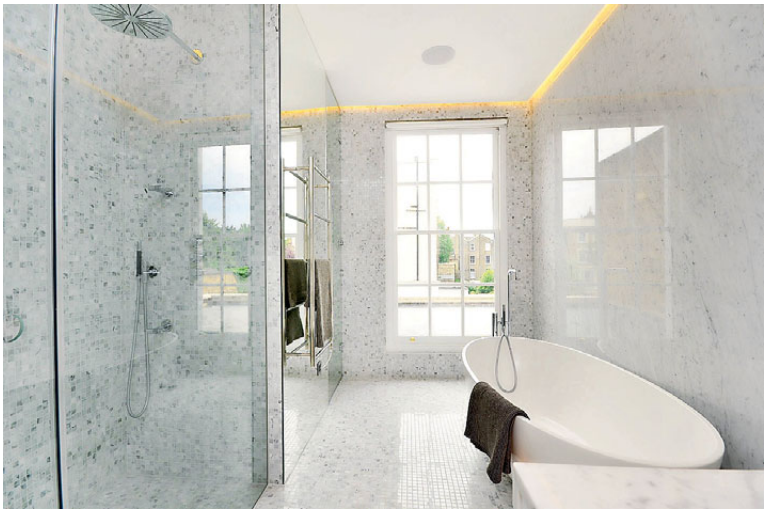
Sitting in Nicole Bremner's five bedroom luxury property on Islington's popular Englefield Road, which has been her home for nearly six years, I ask the question about how much she has changed since moving in. 'In a nutshell,' she smiles, 'a lot! When the house was purchased it was four dingy bedsits in dire need of love. We did a full refurbishment of the entire property.'

It explains why Amrita Mahindroo – architect, interior designer and stylist of the property – joins us for the interview as there's plenty to get through. 'We went through a full planning process to create the rear extension and add a Mansard roof,' Amrita begins to take me through all the changes. 'We completely gutted the interior of the house and then completely restored its original period features including fireplaces, the beautiful period staircase and the stunning windows, which are all completely new to match the existing fabric of the house. We also added a series of contemporary living spaces, and kitted the house out with all the comforts of modern living. The objective was to create a seamless transition between the period front and the contemporary rear, which we did by using a strong colour palette, and using a gradient effect of darker colours for period rooms to bright whites in contemporary spaces.'

Colour, indeed, was a stand out feature on my first viewing. 'It's fundamental for the project,' Amrita nods. 'We decided to really accentuate the windows and period woodwork on the staircase by using a strong black for the windows against the white walls. We also used a gradient of greys from the very strong dark Moles Breath (Farrow & Ball) in the period living room to a warmer Purbeck Stone (also Farrow & Ball) in the dining room and a progression to the bright white in the contemporary living space. The palette is very confident and helps define the individual character of the rooms.'

What was the biggest challenge Amrita encountered? 'Modifying the rear façade, which had suffered a series of adhoc extensions in the past and was a complete mess,' she answers. 'We needed to create something ›

Amrita Mahindroo was heavily involved in all project design, including accessorising the property and designing the garden



that was respectful of the composition of windows of the original building fabric, but also something that had its own character and created a light and airy living space for the kitchen and the ground floor living room. We chose to create a large plate glass window that is 3m tall and 3m wide, which provides expansive views into the rear garden and yet creates a centrality to the upper ground living space that is really the running thread in the house – to be expansive and intimate at the same time.'

There's plenty throughout the home that catches the eye and Amrita was the brains behind the accessories and art you see in each room. 'The furniture was a selection of classic mid-century modern pieces such as the beautiful Hans J Wegner Wishbone dining chairs, with key contemporary design pieces including the Hai Chair and Footstool by Luca Nichetto for Hem and the Bluedot Coffee Table,' Amrita says. 'In general we were looking for a contemporary aesthetic that emphasised the sophistication of the house whilst being comfortable. Each piece was selected for each individual room. A lot of the joinery is built in, so the furniture and the accessories were really about selecting key statement pieces that continue the story of the house.'

The mix of period and contemporary is seamlessly achieved, from the aforementioned windows and wonderful wooden flooring – 'The beautiful herringbone floors in natural oak are definitely a key feature of the house, bringing a warmth to the house and creating a beautiful continuity to the space,' Amrita says on the latter – to the 'smart' home in the form of technological wizardry and the marble-clad bathrooms. 'We wanted something that was a contemporary spin on a classic material,' Amrita says on the latter, 'so went for the beautiful carrara marble tiles in the brick format for secondary bathrooms, and as a large slab and mosaic tiles for the master bathroom. The marble adds a definite layer of luxury and an aesthetic that isn't stuck in fads and trends, so will age beautifully with the house.'

The bedrooms encompass the co-existence of the classic and the contemporary

In summary, Amrita directs my attention to the five bedrooms. 'Those, and especially the master bedroom, really encompass the aesthetic of the house generally,' she explains, 'which is really all about the co-existence of the classic and the contemporary. The space is ample, yet intimate. The wardrobe and bed joinery create zones for sleeping, dressing, and reading. There are a series of intimate spaces in effectively a larger space.' And, for Nicole, what aspect has she enjoyed most since the completion of the transformation? 'That's definitely the transition of the upper ground living spaces, where you really see the house morph from one type of aesthetic to another,' she smiles. 'It is very unique.'

The property on Englefield Road, N1, is on the market with Foxtons Islington for £3,250,000 freehold. Find out more by calling 020 7704 5000 or visiting foxtons.co.uk

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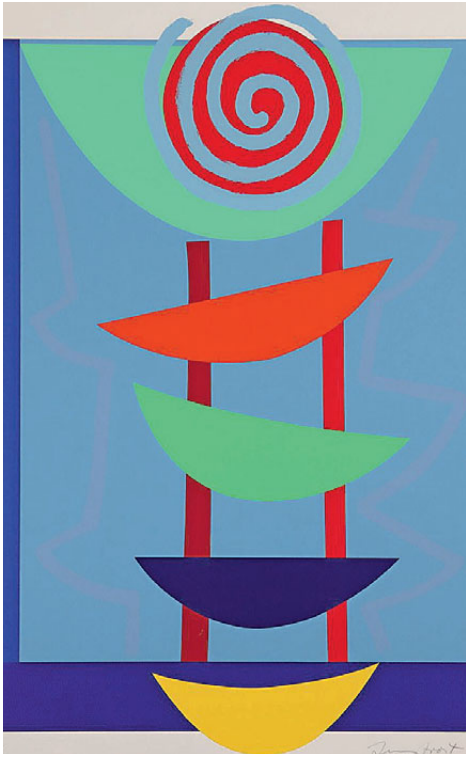
THE FINE ART OF DISPLAY

Want to make your home a work of art? Then follow these inspiring tips from our experts

Story: KARA O'REILLY



Terry Frost at Caroline Wiseman

BUYING ART

THE GALLERIST: CAROLINE WISEMAN

Art dealer for 25 years who advises you on buying pieces by the modern masters (carolinewiseman.com)

You should buy art because you love the work. If you buy through an established dealer, you know you will be buying something that has lasting decent value with all the supporting documentation. Don't buy something because you think you should or because you think it is good value. It's got to look good in your house, so think about where you are going to put it.

Buy art because you love it and invest in a major name

Make friends with a dealer – if they know what kind of work you are interested in, they will invite you to appropriate show openings and let you know when they have new pieces in by artists you like.

Go along to an art fair, such as the London Art Fair, because it's a good way to see a lot of decent galleries in one place. The good thing about fairs is that they vet the dealers who take part.

Never buy anything without looking at it – certainly not from auction or over the internet – as condition is terribly important. The internet is OK for something fun and cheap, but you shouldn't buy a piece by, for example, Terry Frost off eBay.

Original prints – which are original works of art made in an edition – are a good way to buy art inexpensively. I'm a bit of a purist and I would say to go for prints, such as etchings, where the artist has got their hands dirty making it. Don't buy prints that are in runs of more than 100-200.

Invest in a major name – the problem is that if the artist isn't well-known, the work won't have a lasting value, other than to you. If you go off it or move house, there is nothing you can do with it. If you buy something by a name, it will have a value, even if it is what you paid for it, and you can often sell it back to the gallery you bought it from or via auction.

›

If your backdrop is neutral, you can go to town with the art you choose to display

THE PRINT EXPERT: MARK WILSON

Owns the Cross Street Gallery, specialising in prints by modern British artists (artforsale.co.uk)

Go for limited-edition originals. These are original works by the artists themselves. Artists do prints for a variety of reasons. Some are fascinated by the printing process itself, while for others prints are their way of making their work more accessible. For example, you can still get a Picasso print (from a large edition, un-numbered) for around £1,000 because Picasso was a prolific print-maker.

In terms of authenticity and paperwork, the print itself is generally the paperwork. As far as modern prints go, they will be signed and they will be numbered and that number will be a limited-edition, 24 of 100 for example. Look for editions that are not too big.

If you want to safeguard your money, look for big names, but you don't need to spend a fortune. You will not get an original work for £1,500, but that will buy you an original print. Just be a little careful with prolific artists – if an edition is of 500 or the price is under £1,000, be wary.

Gallery openings can be a good place to buy as the gallery will have made an effort to source a variety of work for the show. And if you want to try for a discount, do it in low-season – basically school holidays and post-Christmas.

You can still get a Picasso print for around £1,000

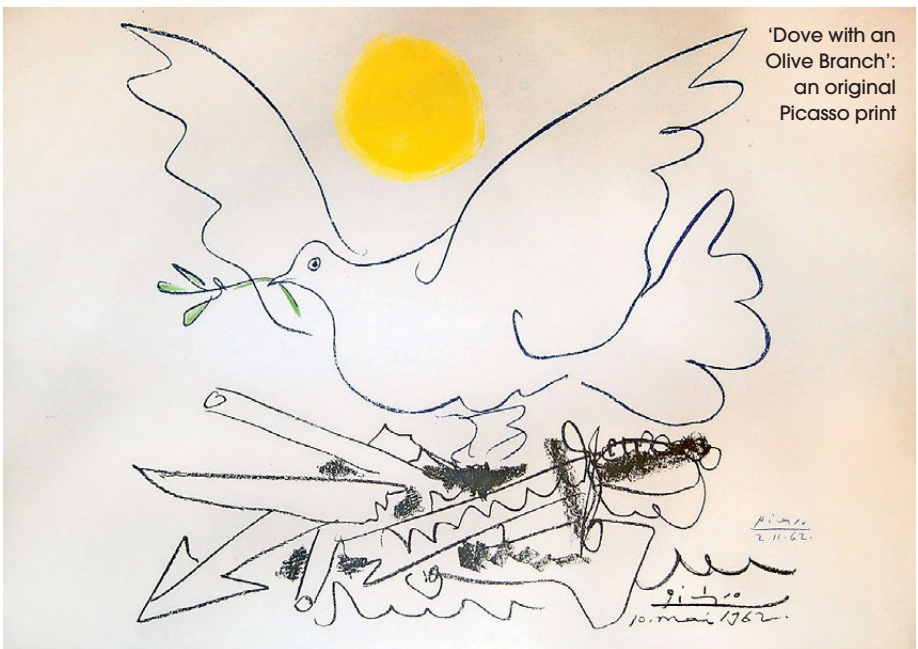
THE INTERNET ENTREPRENEUR: SARAH RYAN

Founder of New Blood Art, which showcases and sells the work of art school graduates, a great way to start collecting original art (newbloodart.com)

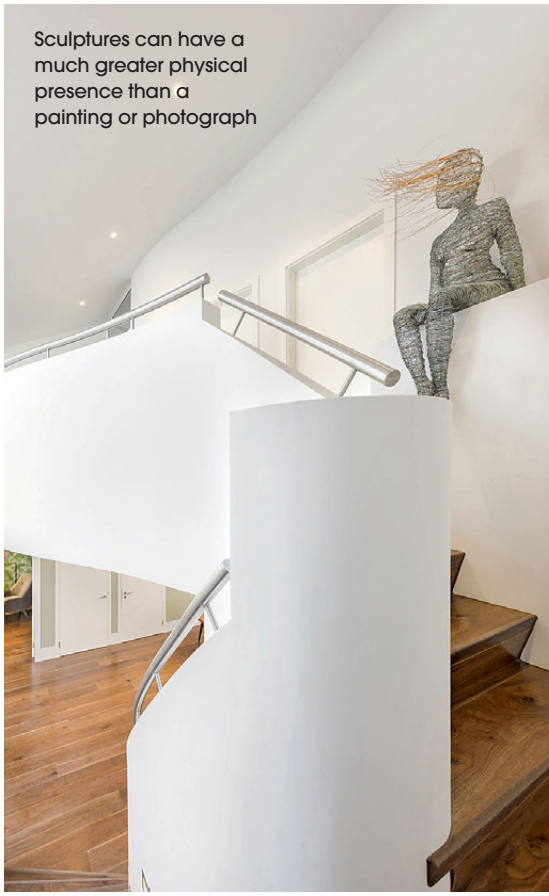
Trust your instincts when buying art – I often hear people say 'I don't know anything about art' and they therefore feel they are not in a position to trust their judgment. But if you feel drawn to something and you are curious about it, then have faith and buy it. It's so much nicer to have some personally selected original artwork than a safe collection of reproduced images that others will also own.

To find new – and potentially great – artists, a good place to start is at one of the many art schools. Whilst an artist may have innate talent, really good art comes from those who have also been rigorously trained, who are disciplined, and truly passionate and completely committed to their practice.

Buying art by emerging artists really is a great entry point to collecting a wide variety of works. Look out for artists who are applying for prizes, funding, residencies and competitions. It shows that they want to raise their profile, indicating an artist committed to developing their work. Buying a student's work is buying at the best value in the market: £500 should get you a decent-sized oil on canvas.



'Dove with an Olive Branch': an original Picasso print



Sculptures can have a much greater physical presence than a painting or photograph

THE FINE ARTIST: JUSTINE ASPREY

The practicing sculptor on how to go about commissioning an artist (justineasprey.com)

If you are thinking of commissioning a piece from a sculptor, look at the other sculptures the artist has made and make sure you're familiar with his or her style. A sculptor won't want to compromise his or her artistic integrity, so it's important that you commission someone whose style you love, rather than trying to encourage a sculptor to create a piece in a totally different style (an approach that's likely to lead to frustration and disappointment all round). Always meet the artist and don't hesitate to ask questions about the creative process. Even if you don't know precisely what you want (the size, material, finish etc), it's worth speaking to the artist because you'll gain a clearer idea after proper discussion. Be prepared for the process to take time, but it will be well worth the wait.

One of the great things about owning sculpture is the many different places you can display it. There are endless possibilities. A doorway can create a natural frame for a sculpture, ensuring that it's the first thing the eye is drawn to upon entering a room. A piece of sculpture can introduce a welcome splash of colour or a contrasting shape to a room, really adding visual appeal.

Menagerie wall prints from Jonathan Adler

Numbers, Coordonne Ceylan by Paper Moon

DISPLAYING ART

THE INTERIOR DESIGNER: ABIGAIL AHERN

Influential interiors guru, boutique owner and author, who has plenty of nifty ideas on displaying art (abigailahern.com)

How you arrange pictures can have as much impact as the artworks themselves. While some statement pieces deserve to be hung alone, others (such as drawings, photos and small-scale prints) work best in groups, clustered by a staircase, above a sofa or simply strung along a wall. The important thing to remember is that the images together should create a visual rhythm that is greater than if each one were hung separately.

Images grouped together should create a visual rhythm

When placing art around furniture go with your intuition: lowering an image to waist height relates it to, say, the sofa. But if you want to draw the eye upwards to highlight an architectural detail perhaps, then hang your picture higher to help accent it.

If you're hanging just one picture or a little row of pictures, for example, be sure to hang at eye level. Too high or too low and the wall will look unbalanced. Horizontal or vertical lines of pictures, hung with ample breathing space in between, create a very modern look. They are fab for transitional areas such as hallways, as they have the effect of leading the eye along the space – just don't squash them too tightly together.

It's not just about the art, the frame is important too. Mix and match modern with traditional, metal with distressed gold. It all helps up the visual interest. ›

THE MODERN MURALIST: TOM PICKFORD

The digital print specialist from Surface View gives his tips on making the most of your wall space (surfaceview.co.uk)

Unifying themes can help set the tone of a room. Bringing together retro photography, painted landscapes, or classic portraiture will help give your room identity. Why not try to achieve a gallery effect by hanging together art work with similar themes?

Go BIG with full-on wall art. Our most popular products are our full wall murals that cover a whole wall to make a stunning feature. You can choose your favourite masterpieces from The National Gallery or a classic retro photograph from Slim Aarons from our ranges, but you can also use your own imagery. Be bold and you'll be rewarded.

You don't have to commit long-term: some of the best examples of displaying artwork in homes use shelves or sideboards to prop up framed posters, prints or artworks. If you want to live with something for a while, try it out in this way. You can create some beautiful results by propping instead of hanging.

Go big with full-on wall art. Be bold and you will be rewarded

Bathers at Asnières by Georges Seurat, from Surface View

Online
For more great tips on art at home visit theresident.co.uk

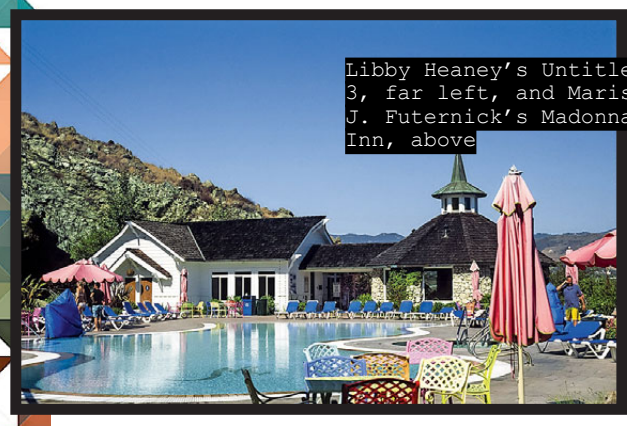
Rockett St George's Modern Global Shelf

THE STYLIST: JANE ROCKETT

Co-founder of Rockett St George on how to pull together a varied mix of objects and images (rockettstgeorge.co.uk)

The first task is to ensure that you are creating a coherent collection. By this I mean collating your artwork and editing it by taking away anything that doesn't fit in. This will make choosing the format in which you want to display it – walls, shelf or mantle and so on – much easier. Use odd quantities; it just looks better. Straight lines also make your display look slick. If you are planning on creating a picture wall, make sure you have a spirit level and tape measure to hand – it really will pay off.

Be out of the ordinary and experiment with what you have. You can do something different by picking out an ordinary object and displaying it in a way that brings out its unexpected beauty.



Libby Heaney's Untitled 3, far left, and Marisa J. Futernick's Madonna Inn, above

CONTEMPORARY ART'S RISING STARS

Multiplied Director Murray Macaulay recommends three names to look out for at Christie's in October

MADE IN ARTS LONDON / RA EDITIONS

Multiplied is an art fair with a difference – it focuses on editions. Many of the artists represented are prominent figures in the contemporary art scene, but each year we also select the most promising new talent:

Libby Heaney has had an unusual journey to becoming an artist having previously completed a PhD in quantum physics, and her works creatively respond to complex scientific theory. I like her beautiful visual conundrums which are both elusive and compelling.

Adham Faramawy graduated from the Royal Academy in 2013, and was shortlisted for the Converse/Dazed Emerging Artists Award in 2014. Adham's work explores the interaction between technology and cultural identity.

Marisa J. Futernick's work is concerned with the American Dream – the tension between the ideal and reality. Madonna Inn, an archival print from a 35 mm. slide, captures the strange allure of American kitsch, its outrageous flamboyance and artificiality.

Murray Macaulay is the Director of Multiplied and a senior prints specialist at Christie's. Now in its 6th year, Multiplied returns to Christie's South Kensington from 16-18 October; multipliedartfair.com

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Story KARA O'REILLY

Clockwise from top left

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PATTERN LOOKS
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'French-inspired beds are still going down a storm due to their timeless appeal and lovely boutique-hotel feel.' Charlie Marshall, Founder, Loaf

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You should change your sheets weekly and wash them at 60 degrees. Try to dry your linen outside if possible, and don't over-dry it in a tumble dryer as this makes it difficult to press. Freshly ironed bedding is lovely, although this is easy for us to do as we have a large professional presser. You should fold your sheet or duvet cover in half, press one side and then the other. ›

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'Opt for headboards which offer interesting details such as a button-back or curved style.' Adam Black, Co-Founder, Button & Sprung

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Olivia bedside table, £225, loaf.com

Astier de Villatte and John Derian Provincetown candle, £120, liberty.co.uk

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Essence chandelier, £490, frenchbedroom company.co.uk

Madison full-length mirror, £375, thewhite company.com

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TOM PARKER BOWLES

London Restaurant Festival? It's outdoors where the real magic happens

Forget those Michelin starred mausoleums, with their air-conditioned attitude and bone-china chill. Ornately edible ennui might get some palates priapic with glee, but for me, it's all about the street. Give me wobbling plastic stools, cigarette smoke and diesel fumes; rough edges, bold flavours and food that makes the senses swoon. Some of the greatest feasts I've ever devoured have taken place on concrete, rather than carpet; wobbling oyster omelettes on sultry Bangkok backstreets, tongue searing som tums and plump, fermented sausages. Or tacos al Pastor in Mexico City, served from tiny holes in the wall, filled with charred pork and salsas so fresh they're still winking. All great food cultures have their own street food classics. It's the soul of any decent cuisine, the no-nonsense, unembellished and resolutely cheap taste of the people.

And London, a couple of centuries back, had a thriving scene. Roasted chestnuts, eel pies, pickled sheep's feet, toasted bloaters and baked potatoes. Fish and chips has its roots on the street – the fish fried, then sold cold by members of the immigrant Ashkenazi community. But by the fag end of the 20th century, the only al fresco eating Londoners could find was those long, limp and decidedly dodgy hotdogs.

But then came the revolution. Well, less a revolution, more a group of individuals who were put off by the astronomical prices of starting their own restaurant, so operated out of stalls and trucks instead. Kerb (kerbfood.com), in King's Cross and Canary Wharf, were one of the pioneers, where the likes of The Bowler (meatballs), Tongue and Cheek (with their magnificent Heartbreaker burger), and Wild Game Co (all sorts of ways with venison) gets the queues forming and the punters drooling.

Dinerama is part of the incredibly popular Street Feast movement

Then there's Street Feast (streetfeastlondon.com), which operates three sites: South East London's Model Market, Dalston Yard and Dinerama in Shoreditch. Now in the interests of transparency and all that, I'm a shareholder in the group, but with the likes of Breddos Tacos, Smokestak (proper barbeque), Bird Box (rotisserie chicken) and Duck 'n' Roll, you can taste the quality yourself. Plus there are vendors who straddle both, like Fundi Pizza and Yum Bun (near perfect pork buns). Not forgetting The Rib Man, whose rib buns and fiery sauces have become part of London's edible cultdom. Some former street food vendors have become so popular that they've made the move to proper premises. Take a bow, Pitt Cue & Co and Bao London. Beauties, both. There are even awards, run by the excellent British Street Food (britishstreetfood.co.uk). So ditch the linen, dispatch the cutlery and get down to where the flavour really is. For true edible succour, it's all about the street.

EDITOR'S CHOICE – FESTIVAL FLAVOURS

The Hat and Tun
Tom may be a man who prefers to be outside, but there are lots of indoor gems during this month's London Restaurant Festival, such as a good old British pub quiz at this Farringdon favourite, with a £100 bar tab up for grabs on 20 October.
thehatandtun.com

The Well
One of the forerunners of the gastropub scene, Clerkenwell's The Well will be hosting a shrub masterclass on 15 October. The event will see you learning to mix two shrub cocktails, made by a sweetened vinegar-based syrup infused with spice and more.
downthewell.co.uk

Bird of Smithfield
As part of the London Restaurant Festival's 'Eat Film' series, Bird of Smithfield are screening the iconic Breakfast at Tiffany's on 11 October. Expect breakfast bites such as mini eggs royale, ham and cheese toasties and Bloody & Virgin Marys during the film.
birdofsmithfield.com

JOHNNY STEPHENS

Ben Denner, founder of Lucky Chip

BURGER KING

It's only been three years since food obsessed Ben Denner launched Lucky Chip – and Angel is reaping the benefits

Words MARK KEBBLE

The Lucky Chip burgers look great, but taste even better

Most people have heard about the Six Degrees of Kevin Bacon phenomenon, where it's said that anyone in Hollywood can be linked to the prolific actor through their films in six steps. It became such a global talking point that EE snapped him up to front their 'connected' ad campaign. So perhaps I shouldn't be surprised by the fact I am happily dismantling Kevin Bacon at The Old Queens Head on Essex Road.

The slight difference here, of course, is that we aren't talking about the man himself, but the irresistible burger created by Ben Denner through his Lucky Chip guise. An aged beef patty, American cheese, ketchup, mustard, pickles and Applewood smoked bacon have all been lovingly combined in a brioche bun to offer a little piece of burger heaven. As Ben rightly states: 'Everyone loves a good burger.'

As I mop away a dollop of ketchup from my chin, we take a seat in one of The Old Queens Head's comfy sofas to talk business – and I just have to ask, what comes first: the name of the burger or the ingredients? 'It could be either,' Ben insists. 'Sometimes we will come up with a really good burger that we think "who can we name this after?" and sometimes

The Old Queens Head has become the perfect home to Kevin Bacon, El Chappo, John Belushi, Woody Harrelson and more stunning burger creations

we have an actor in mind who we want to name a burger after. We did Tom Selleck, which was a tricky one. We looked at some of the shows he did, like *Magnum PI*, so we have got a bit of pineapple, an Hawaiian influence with some BBQ sauce… I wanted to put a moustache in there, but that wasn't going to work.'

Ben says that with a smile, but if anyone can make some bushy lip hair work in a burger it would be this man. He reveals how he is obsessed by food in general, not just burgers, and concocted the plan for Lucky Chip six years ago. Being made redundant from managing a member's club was the push he needed to launch his dream project, which came about in the staggeringly quick time of four weeks. 'We tested it out in Kensal Rise, in the church car park,' Ben recalls. 'The idea was to test the water, get the hang of things and then take Lucky Chip to festivals – which never happened as within a week we knew we were on to something! By the third day we had queues of people and it just snowballed after that.'

Within a week of launching Lucky Chip we knew we were on to something

Lucky Chip became a fixture of the East London street food scene, before the Columbo Group came calling, realising a good thing when they saw it: The Old Queens Head has been home to Lucky Chip for a couple of months now. 'I love this pub and the area, so knew it would be great for Lucky Chip,' he says warmly. 'The response has been great so far.'

On that note, what for Ben makes a good burger? 'It totally depends on the person,' he states, 'and there are so many schools of thought. Some people are very nerdy about their burgers and say it should only have ketchup, meat and cheese. I used to think like that a little bit! Then is it a brioche bun or not? Ultimately, if it tastes good, eat it!'

Ben disappears for 20 minutes to rustle up some specimens for our photo shoot – obviously The Angel resident team were more than happy when told we'd have to find space for some more Lucky Chip burgers – and when he's back in position, he has some rather exciting news. 'We are launching our first site in Ridley Road [East London],' he grins. 'It's been a long time coming. It's a small venue that will be called Lucky Chip Burgers and Wine. We are going to have a drinks side that's heavily focused on wine, which is another passion of mine. It's exciting and nerve-wracking at the same time. After about six months of this being open we will know where we go from here. We want to stand out from what everyone else does.' Just as Kevin Bacon is connected to what seems like everyone, it won't be long before everyone has encountered a Lucky Chip burger.

Keep up with the latest Lucky Chip news at lucky-chip.co.uk, and enjoy their burgers right now at The Old Queens Head, 44 Essex Road N1 8LN; 020 7354 9993; theoldqueenshead.com

PEIYAO CHEN

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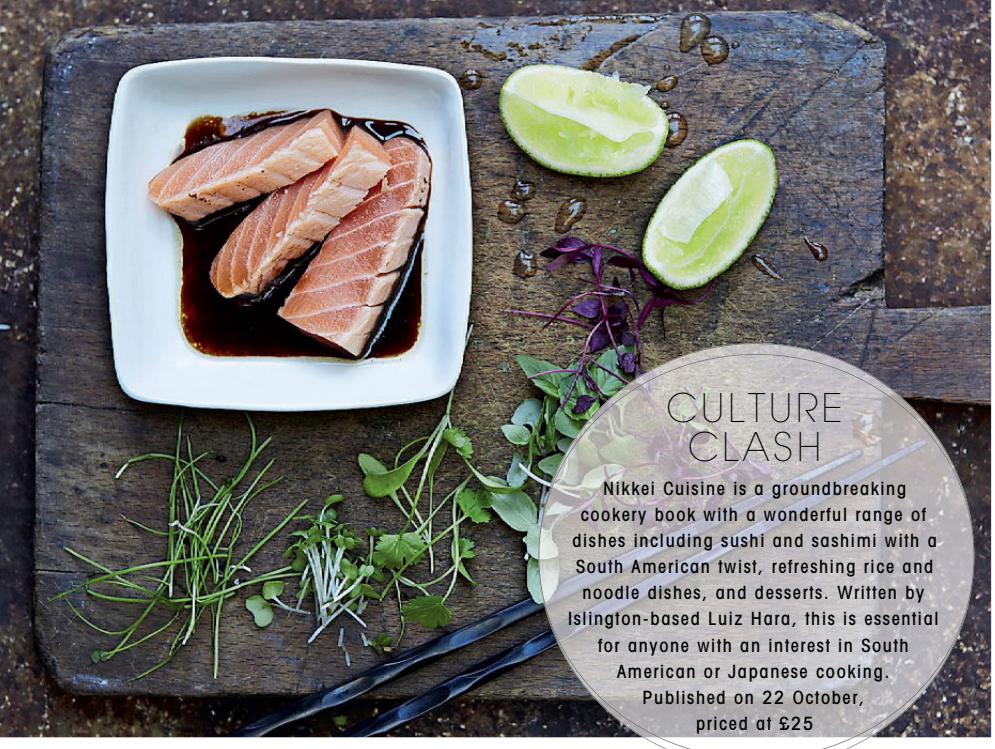

CULTURE CLASH

Nikkei Cuisine is a groundbreaking cookery book with a wonderful range of dishes including sushi and sashimi with a South American twist, refreshing rice and noodle dishes, and desserts. Written by Islington-based Luiz Hara, this is essential for anyone with an interest in South American or Japanese cooking. Published on 22 October, priced at £25

FOOD *NOTEBOOK*

Old favourites sporting a new look

Brotherly love

The capital's newest independent and most indulgent frozen yoghurt parlour, The Sloane Bros, has opened in Shoreditch. Frozen yoghurt lovers can be as virtuous or extravagant as they like, with a choice of fat-free frozen yoghurts topped with sauces, fresh fruits, confectionary and crumbled classic biscuits like Jammie Dodgers or Pink Wafers. A refreshing addition to the East London foodie scene

214 Brick Lane E1 6SA; 020 7739 1811; sloanebrothers.co.uk

DOWN THE GYM

In November, D&D London is to open a series of cafes, restaurants and bars at the German Gymnasium, the newly renovated former Grade II-listed gymnasium in King's Cross. Designed by London-born architect Edward Gruning in 1865, this was the first purpose-built gym in England – some 150 years later, this historical establishment is re-opening with a brand new 447-cover complex.

26 Pancras Road N1C 4TB; germangymnasium.com

Restaurant Review
VINTAGE SALT

As a youngster, Fridays were always fish and chips night, sometimes home-cooked, sometimes from the local chippy. It signalled the start of the weekend and the whole family got involved, so as a result I find something rather comforting about eating fried fish. Everything about Vintage Salt – the newly named reincarnation of what was Des McDonald's The Fish & Chip Shop – screams comfort too, so I was in good hands.

After wolfing down some crusty ancient loaf (word of warning – it's filling), I opted for another reminder of my childhood in the shape of the Scotched hen's egg and piccalilli (although this was a step above my hard boiled memory), whereas my guest went for the harissa spiced mackerel, the hot taste beautifully countered by the gooseberry pickle.

The main for me had to be another of those old favourites, the humble scampi, along with salted chips and mushy peas. The dish didn't shirk on the scampi, and dipping the hunks of crustacean into the fabulous mushy peas was a real pleasure. Opposite me, the shrimp burger caused issues with its size, but the mess was more than worth it.

Somehow I forced myself to gorge on some sticky toffee pudding, whilst the rather more sensible ice-cream and sorbets proved to be a fitting finale for my guest. I loved this plaice – sorry – when it first opened and it's good to see a name change hasn't affected the quality. Vintage Salt – thanks for the memories.

189 Upper Street N1 1RQ; 020 3227 0979; vintagesalt.co.uk

WORDS: MARK KEBBLE

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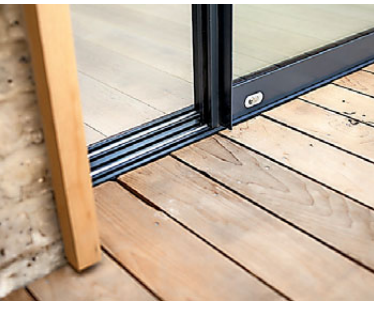

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Matt Segal and Frederick's have been at the forefront of Angel's food scene, like Ottolenghi (inset)

FAMILY BREAK

General Manager Matt Segal on why Frederick's closed for an entire month – and what it means for the future of the Islington institution

We closed for the duration of August… to install a new kitchen, as the old one was 25-years-old. If my children see a car that's 25-years-old they are astonished by it! There have been a lot of technological advancements in that time. The maintenance of the old kitchen was quite high. It had a roar of gas that just went on all day, and a big extractor fan making a lot of noise, so it's going to be like a Dojo in the new kitchen! It will mean more space, and I believe it will improve the quality of the food and atmosphere for the team.

Our menu… is our catalogue, our product range, our shop window if you like. Tastes have changed over the years and, of course, at Frederick's we have got a broad range of customers, which means they all want different things. Some come here twice a week and also eat out elsewhere too, so they may want something lighter and healthier. Others come here once a year for a birthday or an anniversary, so they want the full complement of dishes. We really do cater for everyone, so the menu is a real crowd pleaser. We have got meat and veg, we have a French twist, an Italian twist, there's a range of Oriental influences… We want to keep the door open. We feel the broad range suits the cosmopolitan nature of Angel and that suits us as a family business.

We are introducing a partnership with Thiénot… because we have used our previous champagne supplier for 20 years. If a customer comes in twice a week, has a glass of champagne, over a year that's hundreds of glasses. They might be getting bored of it, but not realise that. It's not a coincidence that this is happening alongside the new kitchen. I really hope people notice the difference on the plate, and it's reinforced with a new champagne – it's about being forward-thinking. When we decided we wanted a change, we had the onerous task of having to try 15 different champagnes! We are very happy indeed with Thiénot.

Our menu is our catalogue, our product range, our shop window if you like

Looking at Angel… restaurants here have become increasingly varied and competitive, but there are also a lot of new people in the area to cater for too. If you were asking me where I'd go out for dinner, in all honesty my choice would be eating at home with my family. But Ottolenghi is a stand out – how they keep up the quality there is so impressive. I do like shopping in the area, in particular at twentytwentyone, Sefton and After Noah.

There's Islington Square… to come to Angel, which will generate more interest and more footfall. There have been some big projects nearby in King's Cross and Shoreditch, they have both really shot up as siblings to Angel over the last ten years. Maybe Islington Square will be a nice stamp for us. I have had a tour of it – it looks like it's going to be really quite wonderful.

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Stonyhurst College actively promotes religious education in its curriculum

KEEP THE FAITH

Religion in schools may be under the microscope, but there should be a place for it in education, says the Head of a leading independent Catholic school

Words ANDREW JOHNSON

Religion in education all too often gets a bad press. Critics argue that it has no place in schools, which should be 'neutral' – free from the intolerance, extremism and illiberalism which they say religion engenders. Faith is irrelevant in everyday life, they claim. In a diverse society, religion offers only segregation and ignorance. On the contrary – religious education is more important now than it has probably ever been.

Religious education emphasises respect for others, regardless of their beliefs, race or social status. In our diverse society, children need an understanding of other principal religions and other world views. In teaching about the beliefs and traditions of other people, the subject promotes discernment and enables pupils to combat prejudice. Such tolerance is vital in a world that is increasingly fraught with extremism, division and hatred. Too often, it is assumed that religious education is hijacked as a sinister means of indoctrination; of imposing a set of beliefs upon children. Of course, we are all, to some extent, the product of our environments, absorbing the views and traditions of our families, schools and communities. Education, however, is by definition about intellectual enlightenment, concerned with opening minds, not closing them.

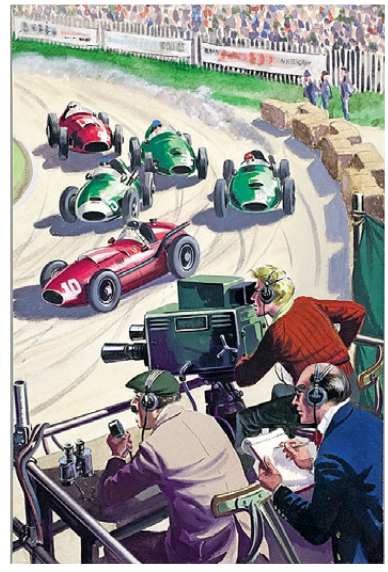
Even in faith schools, which promote the tenets and values of a particular religion, pupils are encouraged to question rather than to accept passively any given creed. The majority of faith schools do not teach from one single faith perspective, but incorporate an element of comparison between religions. Far from being self-regarding, segregated institutions that deepen division, faith schools encourage openness to others.

Without religious education, how can children acquire a knowledge of Christianity, the religion that has played such a central part in this country's cultural heritage? Any study of literature, history, or art is impoverished without an understanding of this context. Children also need the opportunity to discuss challenging questions about the ultimate meaning and purpose of life, and what it is to be human, about death, about why people believe in God, and the difference between right and wrong. Religious education is perhaps one curricular subject that asks more questions than it answers.

Religious education emphasises respect for others, regardless of their beliefs

It is only when young people have grappled with these enormous questions that they can begin to make sense of what they themselves believe and think. As education becomes increasingly utilitarian, religious education can encourage pupils to think, and to develop their own sense of identity.

Stonyhurst College, Clitheroe, Lancashire BB7 9PZ; 01254 827073; stonyhurst.ac.uk



The House of Illustration host family workshops alongside regular exhibitions, such as Ladybird by Design

Colin McKenzie

TOP DRAW

How the House of Illustration has quickly become the beating creative heart of King's Cross

BY MARK KEBBLE

A lot can happen in a year. As Quentin Blake cuts the cake specially created for the House of Illustration by Great British Bake Off winner Frances Quinn to mark the first anniversary of their permanent home in King's Cross, it's an ideal time to reflect on 35,000 visitors, nine different exhibitions and a packed programme of talks, discussions, masterclasses and education events. The need for a hub devoted to exploring and celebrating illustration in all its forms was clearly very much needed.

'For the first 12 years of our existence we were a virtual organisation,' House of Illustration Director, Colin McKenzie, explains. 'It seemed obvious to the founders, including Quentin Blake, that the extraordinary role illustration plays in all our lives deserved wider recognition, but we knew that only by having a physical building could our wider ambitions be realised fully. This is a beautiful building, which in terms of scale and architecture actually looks like a house – making the organisation welcoming and accessible.'

At the time of the interview, House of Illustration was staging an exhibition devoted to Ladybird, which certainly gave me a fuzzy, warm feeling. 'This year is the 100th anniversary of the creation of Ladybird and throughout the 1950s, 60s and 70s their children's books were a feature of pretty much everyone's childhood,' Colin says on their importance. Although some of the exhibitions at House of Illustration are not strictly geared towards families, Ladybird by Design typifies a cross-generational appeal, with activities organised within the gallery designed especially for children.

Although providing a fabulous family destination, Colin points out that their ambitions go beyond these four King's Cross walls. 'Learning and educating people about illustration is part of our mission, and our exhibition programme introduces audiences of all ages to different aspects of illustration as an important and significant art form.' Are schools keen on working alongside them? 'They are very keen on visiting the exhibitions, participating in illustrator-led workshops and inviting us to run outreach projects back at school,' Colin enthuses. 'We believe that our illustration workshops and projects help learning across the curriculum and especially support literacy.'

Considering our technology-obsessed world, is there a risk that illustration will become consigned to history? 'Young people live in a more visual and illustrated world than ever before,' Colin insists. 'Our education programmes help them to navigate this visual world.' It's no surprise that Colin sees 'an exciting future' filled with opportunity.

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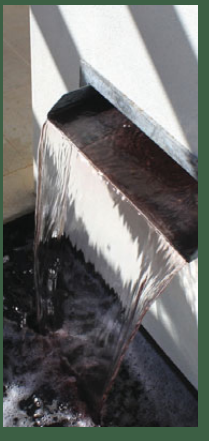

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PROPERTY

{NORTH LONDON'S MOST DESIRABLE HOMES}

FLYING THE FLAG

The property that shows the best of Barnsbury

Hemingford Road is one of Islington's most in-demand locations, situated in the heart of the Barnsbury Conservation Area. As such, when opportunities come along to buy or rent there, they are ones not to miss. Turn over the page to read more about this fabulous four double bedroom family home.

World's your oyster

The Atlas Building is a landmark mixed-use development consisting of a striking 40-storey residential tower and a 10-storey office building, as well as a new public piazza and retail space. The 152-metre building located moments from Old Street roundabout will be the tallest in the Tech City cluster and due for completion at the end of 2018. The residential tower is a collection of 302 highly specified apartments, including studios, one, two and three bedroom apartments and penthouses.

Prices start from £580,000. Find out more at theatlasbuilding.com or call 020 7205 4284

PROPERTY *NEWS*

Enjoying North London to the max

POINTS OF VIEW

Fancy standing out from the Islington crowd? Then take a look at purchasing this one bedroom, one reception, one bathroom property on Sherborne Street, N1, for £650,000. The striking zinc and timber clad house stands apart from the usual Victorian and Georgian terraces in the area. For more contact Fyfe McDade's Islington office on 020 7354 4044

Four by four

Featured on this month's cover is a beautifully presented four double bedroom family home arranged over four storeys and 1,900 sq ft in the highly desirable Barnsbury Conservation Area. The property is in immaculate condition and offers excellent proportions throughout including a spacious reception room with period fireplaces and solid parquet wooden flooring. The upper floors offer a master bedroom suite with full bathroom and walk-in wardrobe area, three further bedrooms and a shower room with WC.

Available for £1,495 per week through Currell Islington, 321 Upper Street N1 2XQ; 020 7288 9109; currell.com

CAPITAL GAINS?

In a Residential Market Survey by the Royal Institute of Chartered Surveyors (RICS), it was noted that buyer demand remains high in London, but limited stock continues to act as a restraint on both transactions and new instructions across the UK. 'A coherent and co-ordinated house building strategy is required across all tenures,' comments RICS Head of Policy, Jeremy Blackburn, 'providing the impetus for solutions.'

HAVEN IN ISLINGTON

Why this Barnsbury rental opportunity is one not to miss

Savills Islington is currently offering to rent this property on Haven Mews, N1, for a guide price of £2,600 pw. It's an outstanding contemporary architect designed house in a gated Islington mews, offering nearly 2,000 sq ft and featuring superb entertaining space. No expense has been spared and the house is beautifully furnished.

The large reception room with a semi open plan kitchen on the ground floor boasts large bi-folding doors, which provides direct access to one of the four terraces. On the first floor is a beautiful master suite with built in wardrobes and a large en-suite bathroom with access to another of the private terraces. There are two further double bedrooms on the lower floor, both with fitted wardrobes and one featuring an en-suite bathroom as well as a separate study/small single bedroom. The mews is tranquil and peaceful, and access is through modern electric gates that open onto a courtyard where a parking space is also located.

To find out more, contact Savills Islington on 020 7354 6701

The resident

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PROPERTY OF THE DAY:
FIND YOUR DREAM HOME

FIRST LOOK
NEW DEVELOPMENTS

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Located on the City fringes, both are within easy reach of Tech City and the Square Mile for weekday necessity; East London and the West End for weekend pleasure.

Off plan sales now being accepted for both of these developments.

E.Central

LOCATED IN THE HEART OF CLERKENWELL, EC1.

An outstanding collection of 1 & 2 bedroom apartments & duplexes on Central Street, Clerkenwell, EC1.

1 beds from £690,000
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Show home launching November 2015

NØRD ØNE.
Islington. N1

UNIQUE URBAN TERRACE OF 5 CONTEMPORARY HOUSES IN ISLINGTON N1.

The interior-designed spaces of Nord One highlight the development's emphasis on quality.

3 beds from £1,495,000
4 beds from £1,895,000
Show home launching October 2015

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BEAUTIFULLY PRESENTED APARTMENT WITH COMMUNAL GARDEN IN BARNSBURY

THORNHILL ROAD, N1

Grade II listed ◆ reception room ◆ study ◆ kitchen/dining area ◆ bedroom ◆ bathroom ◆ additonal w.c. ◆ balcony ◆ communal garden ◆ 68.8 sq m (741 sq ft)

Guide £775,000 Share of Freehold

Savills Islington
Jo-Anne Neighbour
jneighbour@savills.com
020 7226 1313

STUNNING GARDEN FLAT IN BARNSBURY

HEMINGFORD ROAD, N1

Reception room ◆ kitchen/dining area ◆ bedroom ◆ bathroom ◆ storage room ◆ garden ◆ 58 sq m (626 sq ft) ◆ EPC=E

Guide £650,000 Leasehold

Savills Islington
Jo-Anne Neighbour
jneighbour@savills.com
020 7226 1313

OnTheMarket.com

savills
savills.co.uk

ATTRACTIVE APARTMENT IN AN AWARD WINNING VICTORIAN SCHOOL CONVERSION

AUGUSTAS LANE, N1

Open plan reception room/kitchen
◆ 2 bedroom suites ◆ separate w.c.
◆ communal gardens ◆ concierge
◆ 81 sq m (876 sq ft) ◆ EPC=E

Guide £839,950 Leasehold

Savills Islington
Jo-Anne Neighbour
jneighbour@savills.com
020 7226 1313

VICTORIAN FREEHOLD HOME IN HIGHBURY

HIGHBURY HILL, N5

Double reception room ◆ kitchen/dining area
◆ 3 double bedrooms ◆ family bathroom
◆ cellar ◆ south-west facing garden
◆ 135 sq m (1,457 sq ft) ◆ EPC=E

Guide £1.25 million Freehold

Savills Islington
Jo-Anne Neighbour
jneighbour@savills.com
020 7226 1313

HOMES TO VIEW

MORTON ROAD
N1 – FREEHOLD
OIEO £1,400,000 – 4 bedrooms
EPC: D | Ref: ISL130176

MARQUESS ROAD
N1 – SHARE OF FREEHOLD
£760,000 – 2 bedrooms
EPC: C | Ref: ISL140139

BURGH STREET
N1 – FURNISHED
£710 pw – 2 bedrooms
EPC: D | Ref: 78701

ECLIPSE BUILDING
N1 – UNFURNISHED
£725 pw – 2 bedrooms
EPC: C | Ref: 57053

currell.com

Currell

Prebend Street, N1
£1,599,995 Freehold

A stylishly presented three bedroom, two bathroom family home. The property retains many period features, with a classic double reception on the raised ground floor, a loft extension complete with roof terrace and a delightful open plan kitchen. There is a well maintained south facing garden to the rear. EPC: Pending

Dagmar Terrace, N1
£1,650,000 Freehold

This immaculate three bedroom, four storey Victorian house, as featured in Terence Conran's "Modern House" book, has a fully restored period exterior façade and an interior designed by acclaimed architect, Mark Foley. Set within the heart of Islington, the property is within walking distance of Upper Street and Cross Street. EPC: B

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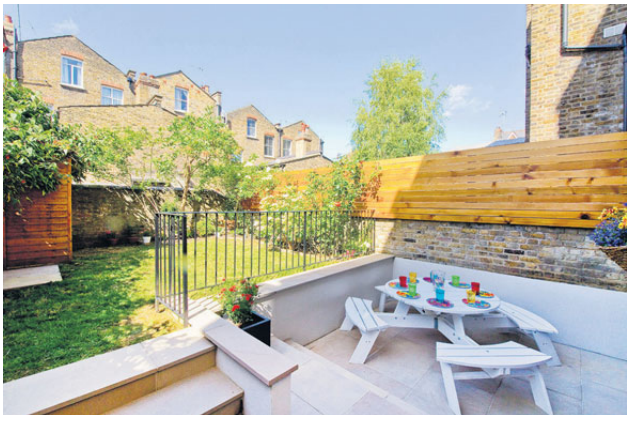

Aubert Road, N5

£POA

An impressive five-storey terraced Victorian property, refurbished to an exceptionally high standard. This spacious and beautifully presented home offers well-proportioned living space, with luxurious bathroom suites and spacious bedrooms, as well as an enclosed rear garden. Although modernised throughout, the restoration of original features has maintained the period charm of the property. Aubert Road is situated just off Highbury Grove and offers easy access to Highbury and Islington. EPC Rating: C

Islington
Sales: 020 7226 4200
Lettings: 020 7288 9109
islington@currell.com

CARLTON

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SALES

Aberdeen Park, N5

Semi detached house in private road with large garden and off road parking. EPC: D

£1,800,000 Freehold

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LETTINGS

Calabria Road, N5

Charming one bedroom flat with private terrace. EPC: D

£390 Per Week*

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* Please note administration and reference fees will apply

Belitha Villas, Islington N1

Sought after road in the heart of Barnsbury

This grand house has been refurbished to a beautiful standard and is arranged over five floors. 5 bedrooms, 3 bathrooms, double reception room, large open plan kitchen and dining room, utility area, cloakroom, balcony and large rear garden. EPC: D. Approximately 271 sq m (2,921 sq ft).

Available unfurnished

KnightFrank.co.uk/lettings
islingtonlettings@knightfrank.com
020 8166 7502

Guide price: £2,000 per week

KnightFrank.co.uk/ISQ221886

All potential tenants should be advised that, as well as rent, an administration fee of £276 will apply when renting a property. Please ask us for more information about other fees that may apply or visit KnightFrank.co.uk/tenantcharges

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ARLA

Guide price: £700 per week

Cloudesley Street, Islington N1

A beautiful converted apartment on the ground floor of this warehouse in the heart of Barnsbury. 2 bedrooms, bathroom, large reception room, open plan kitchen and private terrace. EPC: D. Approximately 64 sq m (690 sq ft). Available unfurnished.
islingtonlettings@knightfrank.com
Office: **020 8166 7502**

Knight Frank

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All potential tenants should be advised that, as well as rent, an administration fee of £276 will apply when renting a property. Please ask us for more information about other fees that may apply or visit KnightFrank.co.uk/tenantcharges

@KnightFrank
KnightFrank.co.uk
OnTheMarket.com

Guide price: £475 per week

St. Pauls Road, Islington N1

A bright and spacious apartment available in the heart of Islington. Bedroom, bathroom, large reception room and separate kitchen. EPC: D. Approximately 55 sq m (593 sq ft). Available furnished.
islingtonlettings@knightfrank.com
Office: **020 8166 7502**

Matilda Street, Barnsbury N1

An extremely attractive early Victorian family home

Beautifully refurbished by the current owners, the property offers light and airy accommodation arranged over four floors in the heart of the Barnsbury Conservation Area. 3 bedrooms, 2 bathrooms, double reception room, kitchen/ dining room, utility room, study, guest WC, garden. EPC: C. Approximately 194 sq m (2,078 sq ft).

Freehold

KnightFrank.co.uk/islington
islington@knightfrank.com
020 8166 7503

Guide price: £2,450,000

KnightFrank.co.uk/ISL150124

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KNIGHT FRANK PROVIDING EXPERT OPINION N5

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